



Legal Documents and Health Care

Ambulance drivers will tell you they spend too much time driving comatose patients from one facility to another. Is this going to be you? Persons receiving long term care need more than a will to carry out their wishes. Documents that need to be completed are: Power of Attorney for Health Care, Health Care Directive, Durable Power of Attorney, and POLST. If you can't afford an attorney, you'll find forms for these documents through social services at major hospitals, online, office supply stores, and Wallingford Self Help Legal in Seattle.

Local Online Resources

www.SeniorServices.org/SRA (free)

www.WallingfordSelfHelpLegal.com (free and low cost)

www.agingwithdignity.org (affordable "Five Wishes" forms)

www.LegacyWriter.com (affordable attorney prepared)

Local Phone Resources

Senior Rights Assistance (DPOA Kits)

206-448-5720

"CLEAR" N.W. Justice Project

888-201-1014

Wallingford Self Help Legal

206-545-8000

Local Walk-in Resources

Wallingford Self Help Legal

206-545-8000

3933 Stone Way North

Seattle, Washington 98103

Sells \$4.00 legal forms and will kits, but has a supply of free community resource forms and "Five Wishes."

Prepared as a public service by **Come To You Notary** - Seattle 24 hour discount mobile and walk-in notary services - 800-622-4030.